



EMBRACING CHILDLESSNESS

ARE YOU KIDDING?



INTERVIEW

Jessica Hepburn (childless after 11 rounds of IVF) talking about 'baby envy' for BBC Radio's 'The Why Factor' programme.

BOOK

Lisa Manterfield (2010) I'm Taking My Eggs and Going Home: How One Woman Dared to Say No to Motherhood.

From Jody's book read Chapter 3: 'Motherhood with a Capital M'

BLOG

From Jody's archives.

'Will I Ever Get Over Not Having Children?'

MORE BLOGS

'The Social Genius of Envy' by Karla McLaren

(small mention of children being taught not to express envy, but how envy is a vital human emotion).



HASHTAG

Follow #EmbracingChildless to find wonderful accounts supporting childless people, without any baby triggers!



PODCAST

Jody Day interviewed on the 'Virgin.Beauty.B!tch' podcast on the fetishization of the baby bump, the rise in childless and childfree women amongst the Millennial generation.

INSTAGRAM ACCOUNTS

Katy Seppi's @ChildlessCollective for those transitioning into childlessness.

@MindBodyRevival_Coach by Aisha, a proud advocate in the childless community and a rare Muslim voice too.