



DEALING WITH FRIENDS AND FAMILY

FROM HER BOOK

Read 'How our Own Family Responds to Our Childlessness,' in Chapter 5, 'Liberating Yourself from the Opinions of Others' (p.147).

TED TALK

Jody's 2017 TEDx talk 'The Lost Tribe of Childless Women' was written to explain 'our tribe' to those with children. In only 18 minutes, it's a way to share with others what it's like to be us, and hopefully to help them understand the issues and life changes we are dealing with now, and will be living with for the rest of our lives.

WEBINAR

Webinar recording of Katy Seppi of The Childless Collective in conversation with Dr. Marisa Franco, a New York Times bestselling author, professor, and psychologist and the author of a new book, Platonic: How the Science of Attachment Can Help You Make - and Keep - Friends.

BOOK

Friendaholic: Confessions of a Friendship Addict by Elizabeth Day (2023).

Elizabeth has been on a long and unsuccessful fertility journey herself and explores the impact of that on her friendships, amongst other things.

PODCAST

Jody speaks with Doryn Wallach for her 'It's Not a Crisis' Podcast which explores why and how conversations between mothers and non-mothers can be so tricky. Doryn is a mother herself and open to being educated about how some of their thoughts and comments might 'land' with those who aren't!

BLOG

'Mind the Gap! Childlessness & Friendships.'

ARTICLE

Jody was interviewed in the Guardian in 2012 about how her childlessness had impacted her friendship, an article which is still being read today.

INSTAGRAM ACCOUNTS

@best.friend.therapy is the Instagram account for the podcast hosted by Elizabeth Day (not a mother) and her friend Emma, who is a mother.

