



WHO'S GOING TO TAKE CARE OF ME WHEN I'M OLD?

FROM HER BOOK

Read Chapter 12: 'Taking Off the Invisibility Cloak'

RESOURCES

Ageing Without Children is the UK charity that has been campaigning and organising on behalf of this growing sector of the UK population since 2014.

Jody was of the original four founders and a board member until 2019. They run local 'AWOC' groups around the UK and have a thriving Facebook group.

BLOG

'The Liminal Years: Shedding the Skin of Youth.'

VIDEO

Watch 'Leaving a Legacy' with Jody Day and the #NomoCrones (nomo = not-mother + crone is not an insult), recorded for World Childless Week 2021. A wonderful panel of 9 very different, equally vibrant and soulful childless elderwomen

BOOK

Who Will Take Care of Me When I'm Old? by Joy Loverde.

This book is written for a US audience, but the advice holds the same, even if the estate planning terminology might be slightly different. A no-frills, utterly practical guide to those niggling fears about finances, housing, wills, etc.



WEBSITE

World Childless Week 2022: 'Childlessness in the Workplace' – a whole day of blogs and webinars all still available to watch/read on the World Childless Week website.

PODCAST

Listen/read Jody being interviewed by Sharon Blackie for her 'Hagitude' podcast about the myths and realities of ageing as a childless woman.

INSTAGRAM ACCOUNTS

Jody has an alternative Instagram account for her research and development of her Gateway Elderwomen project called @ApprenticeCrone where you will find inspiring and thoughtful content around becoming a 'conscious childless elderwoman'

RESOURCES

Resources: Gateway Elderwomen – Jody is developing a new strand for Gateway Women focussed specifically on the issues, challenges and opportunities for those 50+ and ageing without children. You can read more about the project here, which will develop into workshops and community groups in the future.

